



GUILDFORD
CATHEDRAL

Welcome

The First Sunday of Lent

Sunday 10 March 2019

LECTIO DIVINA takes place today at 8.45am in the Library. An informal opportunity to reflect on scripture together in a contemplative way.

SUNDAY SCHOOL for 3-11 year olds takes place in the Library. There is a DIY crèche in the Exhibition Room (next to the Library) for under 3s.

HYMN BOOKS For services in the Nave, hymn books and Books of Common Prayer can be found behind the kneeler on the seat in front of you.

COFFEE AND FELLOWSHIP In the back of the Cathedral after the Cathedral Eucharist. Please stay if you are able.

GIVING Regular worshippers are asked to join the Planned Giving Scheme. For more information please ask a Steward. Visitors and UK taxpayers are asked to use the Gift Aid envelope for their offering towards the work and worship of the Cathedral, or donate via the contactless donation box at the west end of the back of the Cathedral.

COMMUNITY If you would like to contact the clergy their details are on the back of the News Sheet. If you have been a regular at the Cathedral for six months or more, please ensure that your name is added to the Cathedral Community Roll – forms available from the Stewards.

NEWS SHEETS The last six editions can be viewed from the website <https://www.guildford-cathedral.org/news>

www.guildford-cathedral.org • 01483 547860 • reception@guildford-cathedral.org

TODAY'S SERVICES

8am Holy Communion

PRESIDENT Canon Julie Gittoes

READINGS Deuteronomy 26.1-11; Luke 4.1-13

9.45 am The Cathedral Eucharist *with the Installation of Choristers*

PRESIDENT The Very Reverend Dianna Gwilliams

SETTING Mass for five voices *Williams Byrd (1540-1623)*

LENT PROSE

COLLECT

Almighty God,

whose Son Jesus Christ fasted forty days in the wilderness,

and was tempted as we are, yet without sin:

give us grace to discipline ourselves in obedience to your Spirit;

and, as you know our weakness,

so may we know your power to save;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever. **Amen**

OLD TESTAMENT READING Deuteronomy 26.1-11

read by Shirley-Margaret Lloyd

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit

of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

PSALM 91. 1-2, 9-16



Keep me as the apple of your eye.

Whoever dwells in the shelter of the Most High :
And abides under the shadow of the Almighty.
Shall say unto the Lord 'My refuge and my stronghold :
'My God in whom I put my trust.' **Response.**

Because you have made the Lord your refuge :
And the Most High your stronghold.
There shall no evil happen to you :
Neither shall any plague come near your tent.
For he shall give his angels charge over you :
To keep you in all your ways.
They shall bear you in their hands :
Lest you dash you foot against a stone.
You shall tread upon the lion and adder :
The young lion and the serpent you shall trample underfoot. **Response.**

'Because they have set their love upon me, therefore will I deliver them :
'I will lift them up because they know my Name.
'They will call upon me and I will answer them :
'I am with them in trouble, I will deliver them and bring him to honour.
'With long life will I satisfy them :
'And show them my salvation.' **Response.**

NEW TESTAMENT READING Romans 10. 8b-13 read by John Mitchell

'The word is near you, on your lips and in your heart' (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

GOSPEL READING Luke 4.1-13



Choir Praise to you, O Christ, King of eternal glory.

All Praise to you, O Christ, King of eternal glory.

Choir Man does not live on bread alone,
But on every word that comes from the mouth of God.

All Praise to you, O Christ, King of eternal glory.

Hear the gospel of our Lord Jesus Christ according to Luke.



Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."'

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", And "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus answered him, 'It is said, "Do not put the Lord your God to the test."' When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.



SERMON The Venerable Stuart Beake

INTERCESSIONS led by Canon Julie Gittoes

HYMN 411

MOTET *Emendemus in melius* William Byrd (1540-1623)

Emendemus in melius quae
ignoranter peccavimus; ne subito
praeoccupati die mortis, quaeramus
spatium poenitentiae, et invenire non
possimus.

Attende, Domine, et miserere; quia
peccavimus tibi.

Adjuva nos, Deus salutaris noster, et
propter honorem [gloriam] nominis
tui libera nos.

*Let us amend for the better in those
things in which we have sinned through
ignorance; lest suddenly overtaken by the
day of death, we seek space for
repentance, and be not able to find it.
Hearken, O Lord, and have mercy: for we
have sinned against thee.*

*Help us, O God of our salvation, and for
the honour [glory] of thy name deliver us.*

POST COMMUNION PRAYER

Lord God,

you have renewed us with the living bread from heaven;

by it you nourish our faith,

increase our hope,

and strengthen our love:

teach us always to hunger for him who is the true and living bread,

and enable us to live by every word

that proceeds from out of your mouth;

through Jesus Christ our Lord. **Amen**

HYMN 496

ORGAN Prelude in B minor (BWV 544) J. S. Bach (1685-1750)

6pm Choral Evensong

HYMNS 394 (267), 97(i), 368

PSALM 119.73-88

RESPONSES Phillip Radcliffe (1905-1986)

CANTICLES Warwick Evening Service Grayston Ives (b.1948)

READINGS Jonah 3; Luke 18.9-14

ANTHEM *Jehova, quam multi sunt hostes* (Z.135) Henry Purcell (1659-1659)

Jehova, quam multi sunt hostes mei, quam multi insurgunt contra me.

Quam multi dicunt de anima mea, non est ulla salus isti in Deo plane.

At tu, Jehova, clypeus est circa me: Gloria mea, et extollens caput meum.

Voce mea ad Jehovam clamanti, respondit mihi e monte sanctitatis suae maxime.

Ego cubui et dormivi, ego expergefeci me, quia Jehova sustentat me.

Non timebo a myriadibus populi, quas circumdisposuerint metatores contra me.
Surge, surge Jehova, fac salvum me, Deus mi; qui percussisti omnes inimicos meos
maxilliam, dentes improborum confregisti.
Jehova est salus super populum tuum, sit benedictio tua maxime.

*I Lord, how many are my foes! How many rise up against me
Many are saying of me, "God will not deliver him."
But you, Lord, are a shield around me, my glory, the One who lifts my head high.
I call out to the Lord, and he answers me from his holy mountain.
I lie down and sleep; I wake again, because the Lord sustains me.
I will not fear though tens of thousands assail me on every side.
Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw;
break the teeth of the wicked.
From the Lord comes deliverance. May your blessing be on your people.*

text: Psalm 3

SERMON Canon Paul Smith

ORGAN Fugue in A^b minor Johannes Brahms (1833-1897)

THIS WEEK'S SERVICES

MONDAY 11

8.00 Morning Prayer (said) Lady Chapel
8.30 Holy Communion (said) Lady Chapel
17.30 Choral Evensong

TUESDAY 12

8.00 Morning Prayer (said) Lady Chapel
8.30 Holy Communion (said) Lady Chapel
17.30 Choral Evensong

WEDNESDAY 13

8.00 Morning Prayer (said) Lady Chapel
8.30 Holy Communion (said) Lady Chapel
17.30 Choral Evensong *sung by Ardingly College*

THURSDAY 14

8.00 Morning Prayer (said) Lady Chapel
8.30 Holy Communion (said) Lady Chapel
17.30 Choral Evensong
20.00 Lent Talk *One Stones and Bread* (Lady Chapel)
20.30 Compline (Lady Chapel)

FRIDAY 15 • *Ember Day*

8.00 Morning Prayer (said) Lady Chapel

8.30 Holy Communion (said) Lady Chapel

17.30 Choral Evensong

SATURDAY 16 • *Ember Day*

8.40 Morning Prayer (said) Lady Chapel

9.00 Holy Communion (said) Lady Chapel

17.00 Evening Prayer

PRAYER MATTERS

Those for whom prayers have been asked: Melanie Crick, Gillian Doherty, Ben Edwards, Elizabeth, Josephine, David Oldfield, Jill Tucker, Marie Watts

Those recently died: Isabel Goodrick-Meech

Year's Mind: Michael Barry, Frank Stubbings

NEXT SUNDAY 17 MARCH **The Second Sunday of Lent**

8.00 **Holy Communion** Lady Chapel

PRESIDENT The Very Reverend Dianna Gwilliams

READINGS Genesis 15.1-12, 17-18; Luke 13.31-end

9.45 **The Cathedral Eucharist**

PRESIDENT Canon Julie Gittoes

PREACHER Canon Mavis Wilson

READINGS Genesis 15.1-12, 17-18; Philippians 3.17-4.1; Luke 13.31-end

11.30 **Choral Mattins**

READINGS Genesis 17.1-7, 15-16; Romans 11.13-24

18.00 **Choral Evensong**

PREACHER The Reverend Neil Vigers

READINGS Jeremiah 22.1-9, 13-17; Luke 14.27-33

THIS WEEK'S MEETINGS AND EVENTS

TODAY SUNDAY 10

11.15 AGM of Guild of Stewards (Lady Chapel)

MONDAY 11

10.00 School Workshops (Cathedral)

14.30 Mother's Union Trustee Meeting (Chapter House)

16.00 Confessions (Lady Chapel)

TUESDAY 12

9.30 Chapter Meeting (Chapter House)

10.00 School Workshops (Cathedral)

WEDNESDAY 13

10.00 School Workshops (Cathedral)

11.30 Clergy Research Seminar (Chapter House)

13.30 LinkAble Gardening Club (Cathedral Grounds)

THURSDAY 14

12.30 Surrey Get Vocal Workshop

16.00 Surrey Get Vocal Concert (Cathedral)

NOTICEBOARD

Congratulations to Annie and Morwenna

As they are installed as full choristers this morning.

Running for the Cathedral – TODAY 10 March

Canon Paul will be running 13.1 miles in the Surrey Half Marathon today, with proceeds going towards the upgrading of our grand piano. To support him please see his JustGiving page [justgiving.com/fundraising/paul-smith365](https://www.justgiving.com/fundraising/paul-smith365)

This week in Seasons Café

Today 10 March, Seasons will be closing at 1pm due to a private function and on Friday 15 March will be supporting Comic Relief Day with a series of events.

Fairtrade Fortnight concludes today

Today after the Cathedral Eucharist there will be a cake stall in aid of Traidcraft Exchange.

AGM of Cathedral Guild of Stewards – TODAY, 11:15am

We meet in the Lady Chapel. Please will all Stewards collect your coffee and take it to the Lady Chapel as we need to start the meeting as promptly as possible.

Lent Confessions

It has long been the practice of many Christians to observe the Rite of Reconciliation (Confession) during Lent. Clergy will be available in the Lady Chapel for an hour on the following dates throughout Lent: Monday 11 March 4pm – Canon Paul, Tuesday 19 March 2.30pm – The Dean, Thursday 28 March 10am – Canon Paul and Friday 5 April 2pm – The Dean. They are also available at other times by appointment. Contact details on the back of the News Sheet.

Spiritual Conversations – from Sunday 17 March

It may not be your custom to come for Confession but you might value a spiritual conversation about your faith, prayer, joys, doubts or struggles with the Christian faith. We have a group of trained prayer guides in the cathedral who would be pleased to listen to you and, if you wish, pray with you. They will be available, along with Canon Mavis Wilson, after the Eucharist every Sunday during lent from 17 March. Please make your way after the service to the Library and you will be directed to a quiet space.

Second Sunday fellowship after Cathedral Eucharist

Well done to everyone who remembered to bring their own drinking vessel for coffee today. There are mugs if you've forgotten or you may want to buy a bamboo reusable mug available for sale in the Cathedral Shop. Sharon has negotiated a supply of bamboo reusable mugs, which are available to purchase at just £5 each from the Fair Trade Stall. If there is anyone who isn't already on the Coffee team who would be able to assist with the serving on a very rare basis, could they please get in touch with Caroline. And many thanks to John and Caroline for taking on this important ministry.

Surrey Get Vocal – Thursday 14 March, 4pm

'Surrey Get Vocal!' is Guildford Cathedral's flagship music outreach programme. We are delighted to welcome the participating Surrey Primary schools to the Cathedral on Thursday to give a concert which showcases the children's creative song writing skills. All are welcome to attend this concert and hear the specially-composed songs, inspired by our Cathedral.

2019 Lent Talks – Thursdays 14, 21 and 28 March, 8pm

The theme of this year's series is *Christ in the Wilderness*. Each session will begin at 8pm in the Lady Chapel. After a talk by Canon Julie, there will be an opportunity for Q&A before Compline sung by the lay clerks at 8.30pm. The topics are: 'Stones and Bread', 'If you are the Son of God' and 'Kingdoms of the World'.

Walking and Singing for Cathedral Choir Tour – Saturday 16 March

On Saturday 16 March our amazing choristers will be taking on the challenge of a 5km Singathon around the Cathedral. As they walk they will also sing as they seek to raise funds to enable everyone to take part in the tour. £500 has been raised so far. If you'd like to support them please go to their JustGiving page [justgiving.com/fundraising/guildford-cathedral-choir](https://www.justgiving.com/fundraising/guildford-cathedral-choir)

Canon Julie

Canon Julie's final Sunday here will be 12 May and there will be a Reception after Evensong. Her Induction at Vicar of St Mary's with Christ Church, Hendon will take place on Wednesday 19 June. We will be organizing a thank you gift and a coach to Hendon in the near future. Please keep Julie in your prayers.

Mothing Sunday preparation on Saturday 30 March

Thank you to everyone who volunteered to make up posies for Mothering Sunday. Thanks to you we will have posies to distribute. More helpers welcome. Contact Canon Paul for more information. paul.smith@guildford-cathedral.org or 01483 547 865

Haydn's Creation - Saturday 27 April 7.30pm

Hannah Dienes-Williams (one of our girl choristers) and her friend Max Todes are bringing their fabulous and very talented friends to perform Haydn's Creation here on Saturday 27 April. The musicians and chorus are giving their time for free, to help raise funds for the ministry and mission of the Cathedral. The event is being generously sponsored by Thesis Asset Management, Roffe Swayne and DMH Stallard. We really hope for a full house to support these gifted young musicians and the Cathedral. Please order your tickets via the Box Office guildford-cathedral/events/boxoffice or call 01483 547 870.

Passiontide Rosary - The Sorrowful Mysteries, Sunday 7 April 11.30am

The Rosary is intended to encourage meditation on key incidents from the gospel and allow reflection on the implications of the incarnation. Whilst the repeated prayers invoke the Blessed Virgin Mary, the intention is to meditate on Christ her son and his love for us. In Lent and Passiontide we meditate on the sufferings and death of our Lord for our salvation, and therefore the Sorrowful mysteries which will form the focus of this short time of prayer will include the Agony in the Garden; Scourging; Crowning with thorns; Way of the Cross; Crucifixion and Death of our Lord. The Rosary will be led by Donald Thompson and Canon Julie and will last approximately 40 minutes. All are welcome to join us for this period of quiet prayer and meditation as part of our spiritual preparations for Holy Week. Please contact Donald (d.thompson@rhul.ac.uk) or Canon Julie (juliegittoes@guildford-cathedral.org) for further information or with questions.

Guildford Cathedral Pilgrimage to Walsingham, 5 to 7 July

We need to make firm bookings with the Hospitality Department at the Shrine by 5 April 2019. Therefore, if you wish to make a firm booking, please let Richard North know as soon as possible. You will be asked to complete a Booking Form e and return with a cheque for a non-returnable deposit of £30. Contact Richard by phone 01252 794802 email richard.north456@btinternet.com

Week of Guided prayer - save the Date

Emmanuel Church Stoughton are holding a Week of Guided Prayer from Sunday 22 September to Friday 27 September and are inviting members of other local churches to join them. If you appreciated the week which we ran at the cathedral or if you are sorry you missed it then please note the dates and sign up when full details are published later in the year. For more information please contact Canon Mavis.

Pilgrimage to Oberammergau 5 - 12 September 2020

Canon Paul Smith is leading a pilgrimage along the Romantic Road to Bavaria and then on to the Oberammergau Passion Play. We will spend a week travelling this route, flying to Frankfurt then driving by coach through Wurzburg, Rothenburg-ob-der-Tauber, Augsburg, the UNESCO world heritage site and place of pilgrimage of Wieskirche and Fussen, arriving in Oberammergau to see the play on Friday 11 September and flying home from Munich the following day. Pax Travel have put this exclusive tour together for us and we can take a maximum of 40 people. The total cost is £1,439 and a deposit of £250 will secure your place. A detailed holiday brochure and the booking form is available electronically, or in paper form, from Linda Sharpin linda@sharpin.com mob: 07880 738 872 or from Emma Law deanspa@guildford-cathedral.org

News Sheet

Items to be considered for inclusion in the weekly News Sheet should reach Emma in the Cathedral Office by Wednesday lunchtime. All notices subject to editing and available space. Please e-mail to deanspa@guildford-cathedral.org

CONTACTS

Cathedral Office

The Cathedral Office is open for callers from 10am to 2pm Monday to Friday. Enquiries to Lisa Hatherall, Administration Assistant 01483 547 860 or reception@guildford-cathedral.org

To contact a priest in an emergency please use the numbers below or phone Emma Law 01483 547 862 (Monday to Friday) or Virgers (Saturday, Sunday and holidays) 01483 547 877 or 07854 564 490

The Cathedral Clergy

are all equally available except on their rest day and can be contacted directly.

The Very Reverend Dianna Gwilliams (rest day – Saturday)

(o) 01483 547 862 (h) 01483 565 258

The Venerable Stuart Beake (working days – Tuesday and Thursday)

(h) 01483 893 981

The Reverend Canon Dr Julie Gittoes (rest day – Friday)

(o) 01483 547 863 (m) 07702 151 173

The Reverend Canon Dr Paul Smith (rest day – Friday)

(o) 01483 547 865 (h) 01483 562 378

The Reverend Canon Mavis Wilson (rest day – Monday)

(h) 01483 808 097 (m) 07940 846 043

Sermon blog

Canon Julie's sermons can be found at <http://juliegittoes.blogspot.co.uk>



GUILDFORD
CATHEDRAL

GUILDFORD CATHEDRAL is a place of prayer, reflection, work and celebration, held in particular affection by the many thousands of people who helped build it by buying a brick. There is much to offer to visitors and to those who are looking for a church community to call home. All regular weekday and Sunday services are open to all. The beautiful building and the excellent choral tradition contribute to making our Cathedral a place to which, once visited, you will want to return. As well as the rhythm of daily worship we maintain an exciting programme of arts, events, lectures, workshops, exhibitions and concerts.

The Cathedral is a centre for worship and mission to support the ministry of the Bishop in faith and engagement. The Cathedral is a sacred space and an open community of people who together engage with God and the wider world, for the common good. It is a focus and resource for the whole community: a place of daily choral worship, a space for stillness and prayer, a place of pilgrimage and a venue for concerts, art and education.

FURTHER INFORMATION

Special Services

01483 547 862 or deanspa@guildford-cathedral.org

Group Bookings and Tours

01483 547 874 or visit@guildford-cathedral.org

Venue Hire, Events and Box Office

01483 547 881 or katrina@guildford-cathedral.org

School and Families Visits

01483 547 880 or charlottep@guildford-cathedral.org

Cathedral Shop

01483 547 873 or shop@guildford-cathedral.org

Seasons Cafe and Restaurant

01483 563 841 or seasonscathedral@thetipsypigs.co.uk

OPEN DAILY
Cathedral
Shop
Seasons