



GUILDFORD
CATHEDRAL

Welcome

The Epiphany

Sunday 5 January 2020

CHILDREN AT THE CATHEDRAL EUCHARIST We are all together for our worship. There is a DIY crèche is available in the Library for babies.

HYMN BOOKS For services in the Nave, hymn books and Books of Common Prayer can be found behind the kneeler on the seat in front of you.

MUSIC TODAY We're grateful to Stag Montem Chorem who are singing for our services today.

COFFEE AND FELLOWSHIP After the Cathedral Eucharist coffee and tea and other refreshments available at the back of Seasons. No need to queue.

GIVING Regular worshippers are asked to join the Planned Giving Scheme. For more information please ask a Steward. Visitors and UK taxpayers are asked to use the Gift Aid envelope for their offering towards the work and worship of the Cathedral, or donate via the contactless donation box at the west end of the back of the Cathedral.

COMMUNITY If you would like to contact the clergy their details are on the back of the News Sheet. If you have been a regular at the Cathedral for six months or more, please ensure that your name is added to the Cathedral Community Roll – forms available from the Stewards.

NEWS SHEETS The last six editions can be viewed from the website <https://www.guildford-cathedral.org/news>

TODAY'S SERVICES

8am Holy Communion

PRESIDENT The Very Reverend Dianna Gwilliams

READINGS Isaiah 60.1-6; Matthew 2.1-12

9.45am The Cathedral Eucharist

Please see separate Order of Service

11.30am Choral Eucharist *Traditional Rite*

PRESIDENT The Very Reverend Dianna Gwilliams

SETTING Mass of the Quiet Hour *George Oldroyd (1887-1956)*

HYMN 87

COLLECT

O God,
who by the leading of a star
didst manifest thy only-begotten Son to the Gentiles:
mercifully grant that we,
who know thee now by faith,
may after this life have the fruition of thy glorious Godhead;
through Jesus Christ thy Son our Lord,
who liveth and reigneth with thee,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

NEW TESTAMENT Ephesians 3.1-12 read by Lis Martin

This is the reason that I, Paul, am a prisoner for Christ Jesus for the sake of you Gentiles - for surely you have already heard of the commission of God's grace that was given to me for you, and how the mystery was made known to me by revelation, as I wrote above in a few words, a reading of which will enable you to perceive my understanding of the mystery of Christ. In former generations this mystery was not made known to humankind, as it has now been revealed to his holy apostles and prophets by the Spirit: that is, the Gentiles have become fellow-heirs, members of the same body, and sharers in the promise in Christ Jesus through the gospel.

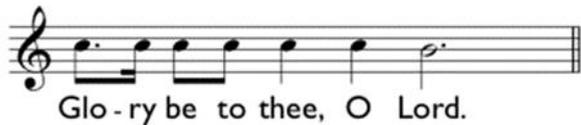
Of this gospel I have become a servant according to the gift of God's grace that was given to me by the working of his power. Although I am the very least of all the saints, this grace was given to me to bring to the Gentiles the news of the boundless riches of Christ, and to make everyone see what is the plan of the mystery hidden for ages in God who created all things; so that through the church

the wisdom of God in its rich variety might now be made known to the rulers and authorities in the heavenly places. This was in accordance with the eternal purpose that he has carried out in Christ Jesus our Lord, in whom we have access to God in boldness and confidence through faith in him.

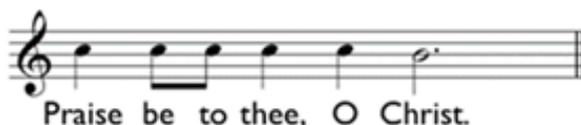
HYMN 477

GOSPEL READING Matthew 2.1-12

The Holy Gospel is written in the second chapter of the Gospel according to Saint Matthew, beginning at the first verse.



In the time of King Herod, after Jesus was born in Bethlehem of Judea, wise men from the East came to Jerusalem, asking, ‘Where is the child who has been born king of the Jews? For we observed his star at its rising, and have come to pay him homage.’ When King Herod heard this, he was frightened, and all Jerusalem with him; and calling together all the chief priests and scribes of the people, he inquired of them where the Messiah was to be born. They told him, ‘In Bethlehem of Judea; for so it has been written by the prophet: “And you, Bethlehem, in the land of Judah, are by no means least among the rulers of Judah; for from you shall come a ruler who is to shepherd my people Israel.” ’ Then Herod secretly called for the wise men and learned from them the exact time when the star had appeared. Then he sent them to Bethlehem, saying, ‘Go and search diligently for the child; and when you have found him, bring me word so that I may also go and pay him homage.’ When they had heard the king, they set out; and there, ahead of them, went the star that they had seen at its rising, until it stopped over the place where the child was. When they saw that the star had stopped, they were overwhelmed with joy. On entering the house, they saw the child with Mary his mother; and they knelt down and paid him homage. Then, opening their treasure-chests, they offered him gifts of gold, frankincense, and myrrh. And having been warned in a dream not to return to Herod, they left for their own country by another road.



SERMON The Very Reverend Dianna Gwilliams

HYMN 83

MOTET From the rising of the sun *Frederick Ouseley (1825-1889)*

From the rising of the sun
unto the going down of the same
my name shall be great, among the Gentiles;
and in ev'ry place incense shall be offer'd up unto my name:
for my name shall be great among the heathen,
thus saith the Lord!

text: Malachi 1.11

HYMN 396 (530)

ORGAN Songs of Praise *Herbert Chappell (1934-2019)*

6pm Choral Evensong

HYMNS 85, 74, 86(ii, omit* verses)

PSALM 98

RESPONSES *John Sanders (1933-2003)*

CANTICLES Evening service in D *Herbert Brewer (1865-1928)*

MAGNIFICAT ANTIPHON Magi videntes stellam *Plainsong*

READINGS Isaiah 60.1-9; John 2.1-11

ANTHEM Tres Magi *Craig Sellar Lang (1891-1971)*

Magi videntes stellam, dixerunt ad invicem:
Hoc signum magni Regis est.
Eamus, et inquiramus eum,
et offeramus ei munera aurum, thus et myrrham.

*The magi, seeing the star, said, each in turn:
'This is the sign of a great king!
Let us go and look for him,
and offer him gifts, gold, frankincense and myrrh.*

SERMON Canon Mavis Wilson

ORGAN Nun Sei Willkommen Jesus Lieber Herr (Op.39, No.3)
Flor Peeters (1903-1986)

PRAYER MATTERS

Those for whom prayers have been asked: Betty, Ben Edwards, Emma, Jessica, Nick, Sharon Luckey, Jean Milne, Chris Phelan, Frances Provost, Tim, Tony Vineall, Charles Whiffin, David Woolsey

Those who have died recently: Ros Hawkes, John Milne, Mary Rippon, Jay Robinson, John Stiff, Phyllis Still, Sheila Wyatt

Year's Mind: Grace Hazeldine, Mildred Polkinhorne, Anne Smith, Ruth Williams

THIS WEEK'S SERVICES

MONDAY 6

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
5.30pm Evening Prayer (said) Lady Chapel

TUESDAY 7

8am Morning Prayer (said) Lady Chapel
8.30pm Holy Communion (said) Lady Chapel
11am Mothers' Union Pilgrimage of Prayer
5.30pm Evening Prayer (said) Lady Chapel

WEDNESDAY 8

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
10am Cathedral Tots Regimental Chapel
5.30pm Evening Prayer (said) Lady Chapel

THURSDAY 9

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
5.30pm Choral Evensong

FRIDAY 10 • *William Laud, Archbishop of Canterbury, 1645*

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
5.30pm Choral Evensong

SATURDAY 11 • *Mary Slessor, Missionary in West Africa, 1915*

8.40am Morning Prayer (said) Lady Chapel
9am Holy Communion (said) Lady Chapel
5pm First Evening Prayer of the Baptism of Christ (said) Lady Chapel

NEXT SUNDAY 12 January The Baptism of Christ

8am **Holy Communion** Lady Chapel

PRESIDENT Canon Paul Smith

READINGS Isaiah 42.1-9; Matthew 3.13-end

9.45am **The Cathedral Eucharist**

PRESIDENT The Venerable Stuart Beake

PREACHER The Very Reverend Dianna Gwilliams

READINGS Isaiah 42.1-9; Acts 10.34-43; Matthew 3.13-end

6pm **Epiphanytide Procession**

THIS WEEK'S MEETINGS AND EVENTS

THURSDAY 9

12pm Surrey Get Vocal Workshops (Cathedral)

NOTICEBOARD

Cathedral Crib and Nativity Display, until 8 January

The Cathedral Crib has been designed by children in the Church Schools in our diocese. We are delighted to receive the wonderful characters created to help tell the story of the Nativity. Do bring your family and friends to admire this incredible display.

Prayer for Healing with anointing – next Sunday 12 January, 9.45am

Prayer, laying on of hands and anointing will be offered during the Cathedral Eucharist next Sunday 12 January.

Shop

The Cathedral Shop re-opens on Wednesday 8 January at 9.30am.

Seasons

Seasons Café will be open from Monday to Sunday from 9am to 4.30pm. To book please contact seasonscathedral@thetipsypigs.co.uk or telephone 01483 563 841.

North Guildford Food Bank and No 5 – Sunday 12 January

The Food Bank have thanked us for our donations prior to Christmas. They thank us for our generosity and ask that we remember their clients and their volunteers in our prayers. This month, they would be grateful for the following items: Jam or peanut butter, 2 in 1 washing detergent, tomato ketchup, tinned potatoes, tinned custard, plain and self-raising flour. Any fresh food donated will be delivered to the No 5 Project.

Third Sunday Study

Beginning on Sunday 19 January. Every third Sunday there will be an opportunity for study and discussion in the Chapter House from 11.30. Our topic for the first three sessions is 'How to read the Bible' and will be led by the Dean. All participants should bring a Bible which is easy to read or familiar and no other preparation is required. For more information please speak to one of the clergy. Topics for the rest of 2020 are 'Issues in contemporary ethics' and 'Approaches to prayer'. All welcome and each session will last about an hour.

Volunteer opportunities supporting our work with schools

We welcome many school groups during term time and have a wonderful team of volunteers who would love a few more people to join them. In particular, next term we need additional volunteers for Wednesdays 12 and 26 February and 11 March. Full briefing and support is given and you will join a team of people who enjoy working with children and their teachers. Commitment is flexible with a choice of regular or one-off sessions. For further information please speak to Julie Mitchell, our Volunteer Coordinator, on 01483 547885 or www.guildford-cathedral.org/About/Vacancies. Hope to hear from you soon.

Designed for Contemplation – St Nicolas Guildford 11 January

From 10.30am (coffee from 10am) to 3.30pm, a day introducing the work of Fra Angelico (c1395-1455), an artist with a gift of creating works to encourage prayer and ministry. The Reverend Iain McKillop, an accomplished artist and Anglican priest will lead this day. Admission free, suggested donation £10 which includes tea and coffee. Bring your own lunch. All welcome. More information available at www.saintrnics.com

Star of Wonder – from 15 to 18 January

We're very pleased that *Luxmuralis*, who brought 'Poppy Fields' to us at Remembrance 2018, will be returning in January with 'Star of Wonder'. This will be a stunning and immersive light and sound show making the best of our wonderful building. For a brief experience of what you can expect visit our website and click on the link to the video clip. <https://www.guildford-cathedral.org/news/2019/star-of-wonder-15-18-january>

Tickets for timed entrance will be necessary and can be purchased in advance (for a discount) or on the door, if available. Advance tickets are £2.50 for accompanied under 16's and £5 for adults and on the door will be £3.50 and £7. Tickets available through the Cathedral box office.

Eco-Reflection for January

January is often a still month. I associate this month with bare, dark skeletons of trees, bright blue skies and crisp mornings of stillness. The Christmas hiatus is over, we rein in our spending and often give our bodies a break by giving up alcohol or going on a New Year diet. Fasting too is a way of not only cleansing our bodies and giving them time to recuperate but also a way of strengthening mental and physical health.

Rest is a vital concept in our lives, especially in an age where we are increasingly frenetic, juggling a lot and continuously carrying responsibility and stress of one kind or another. Rest is biblical. God took the seventh day to rest after the creation of the world and the Gospels tell us that Jesus got tired from the demands of his ministry and being with people constantly. He took himself away to be with God and to pray and simply be quiet and alone. Jesus asked those who felt overwhelmed by life to come to him and he himself would give those people rest.

Rest restores our bodies, minds and souls. Doing 'not very much' helps to clear our minds and slow down, as does prayer. Ironically rest enables us to refocus on what we want to be our priorities. Rest is also about respecting the amazing bodies that we inhabit and which are given to us as gifts from God. I'm not always very good at 'doing nothing', feeling as though this is wasting time. But indeed 'wasting time', often provides the space when I am most receptive to creativity and also to God communicating to me – perhaps because I've created time and emptiness to hear what he might be trying to say!

In terms of 'eco rest' there are lots of ideas. Walking and cycling in the countryside is cheap, healthy and immerses us in the natural world which often provides a natural antidote to low mood and anxiety. Being creative or doing something different refocuses our minds and hearts and enables us to perceive God's activity in other ways and in other areas than we might normally be used to. Many of us enjoy going abroad for holidays but it is also an idea to think about doing alternative things – perhaps travelling more locally, volunteering or finding interesting alternative eco holidays which are becoming more and more available as companies tap into people's passions and concern in this area. Retreats (retreats.org) are also many and various and provide a relatively cheap and sustainable way to 'nourish' the soul and deepen our own prayer lives and discipleship. January is 'rest month' so be inspired and rest well.

The Reverend Magdalen Smith

Veganuary at Seasons

During January Seasons will add some delicious vegan dishes to their regular menu. Why not pop in and try something new? If you prefer the familiar, tomorrow is National Shortbread Day and there will be a variety of shortbread treats for sale.

A different way to make donations to the Cathedral

We have introduced a trial of a QR code to make donating to the Cathedral easier and more straightforward, especially for the growing number of us who don't carry cash. To use the QR code to make a donation use your camera (iPhones) or a QR reader app (Android). This facility requires a PayPal Account. This will provide an additional method (alongside our contactless box and cash donations) to support our mission and ministry. Every gift will make a difference to our work – thank you!



Intercessions at the Cathedral

If you would like someone to be added to the intercessions for our daily and Sunday prayers please contact any of the clergy or send them a message via Emma Law. You should obtain permission of the person or their family. People are kept on the daily list for 4 weeks in the first instance. We also keep a longer list of those for whom prayer is ongoing.

News Sheet

Items to be considered for inclusion in the weekly News Sheet should reach Emma in the Cathedral Office by Wednesday morning. All notices subject to editing and available space. Please e-mail to deanspa@guildford-cathedral.org.



ADVENT CHRISTMAS and Epiphany

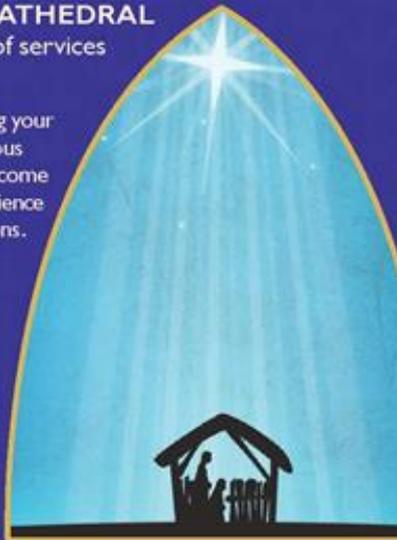
JOIN US AT THE CATHEDRAL
for a wonderful series of services
and festive events.

Hear the greatest story; sing your
favourite carols; buy fabulous
gifts for family and friends; come
to a cracking concert; experience
the wonder of these seasons.

1 DECEMBER
until **26 JANUARY**

.....
**Come along for
the whole journey**
.....

VISIT
www.guildford-cathedral.org



"So inspirational"
"HIGHLY RECOMMENDED"

STAR of WONDER

CELEBRATING THE TWELVE DAYS
of Christmas in a stunning star-themed
light and sound show. From the team
who created Poppy Fields, this
promises to be a memorable and
breath-taking experience for the
whole family.

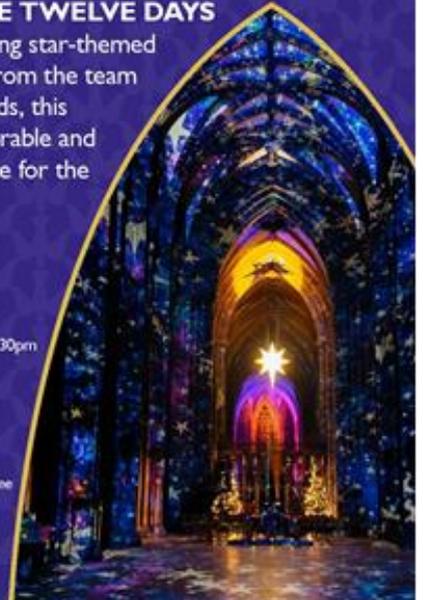
**15-18
JANUARY 2020**

A 45 minute experience. Slots from 5.30pm
and through the evening available.

TICKETS
In advance - Adults £5
On the door - Adults £7.50
Children 3-15 years £2.50; Unders 3s free

BOX OFFICE
www.guildford-cathedral.org

Images: Guildford Cathedral



CONTACTS

Cathedral Office

The Cathedral Office is open for callers from 10am to 2pm Monday to Friday. Enquiries to Lisa Hatherall, Administration Assistant 01483 547 860 or reception@guildford-cathedral.org

To contact a priest in an emergency please use the numbers below or phone Emma Law 01483 547 862 (Monday to Friday) or Virgers (Saturday, Sunday and holidays) 01483 547 877 or 07854 564 490

The Cathedral Clergy

are all equally available except on their rest day and can be contacted directly.

The Very Reverend Dianna Gwilliams (rest day – Saturday)

(o) 01483 547 862 (h) 01483 565 258

The Venerable Stuart Beake

(h) 01483 893 981

The Reverend Canon Dr Paul Smith (rest day – Friday)

(o) 01483 547 865 (h) 01483 562 378

The Reverend Canon Mavis Wilson (rest day – Monday)

(h) 01483 808 097 (m) 07940 846 043



GUILDFORD
CATHEDRAL

GUILDFORD CATHEDRAL is a place of prayer, reflection, work and celebration, held in particular affection by the many thousands of people who helped build it by buying a brick. There is much to offer to visitors and to those who are looking for a church community to call home. All regular weekday and Sunday services are open to all. The beautiful building and the excellent choral tradition contribute to making our Cathedral a place to which, once visited, you will want to return. As well as the rhythm of daily worship we maintain an exciting programme of arts, events, lectures, workshops, exhibitions and concerts.

The Cathedral is a centre for worship and mission to support the ministry of the Bishop in faith and engagement. The Cathedral is a sacred space and an open community of people who together engage with God and the wider world, for the common good. It is a focus and resource for the whole community: a place of daily choral worship, a space for stillness and prayer, a place of pilgrimage and a venue for concerts, art and education.

FURTHER INFORMATION

Special Services

01483 547 862 or deanspa@guildford-cathedral.org

Group Bookings and Tours

01483 547 874 or visit@guildford-cathedral.org

Venue Hire, Events and Box Office

01483 547 881 or headofevents@guildford-cathedral.org

Family Activities and Schools Visits

01483 547 880 or schools@guildford-cathedral.org

Cathedral Shop

01483 547 873 or shop@guildford-cathedral.org

Seasons Cafe and Restaurant

01483 563 841 or seasonscathedral@thetipsypigs.co.uk

OPEN DAILY
Cathedral
Shop
Seasons