



GUILDFORD  
CATHEDRAL

Welcome

# THE THIRD SUNDAY BEFORE LENT (Septuagesima)

Sunday 9 February 2020

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**CHILDREN AT THE CATHEDRAL EUCHARIST** We are all together for our worship. There is a DIY crèche is available in the Library for babies.

**HYMN BOOKS** For services in the Nave, hymn books and Books of Common Prayer can be found behind the kneeler on the seat in front of you.

**COFFEE AND FELLOWSHIP** After the Cathedral Eucharist at the back of the Cathedral. Please stay if you can. Seasons is open as usual.

**GIVING** Regular worshippers are asked to join the Planned Giving Scheme. For more information please ask a Steward. Visitors and UK taxpayers are asked to use the Gift Aid envelope for their offering towards the work and worship of the Cathedral, or donate via the contactless donation box at the west end of the back of the Cathedral.

**COMMUNITY** If you would like to contact the clergy their details are on the back of the News Sheet. If you have been a regular at the Cathedral for six months or more, please ensure that your name is added to the Cathedral Community Roll – forms available from the Stewards.

**CATHEDRAL SHOP** opening hours are Tuesday to Saturday 9.30 to 4.30, Sunday 11 to 12.30. Please note than on Tuesday the opening time is 10am to allow for staff training. The Shop is closed on Monday.

## SEASONS CAFÉ

Seasons Café is open Monday to Sunday from 9am to 4.30pm.

# TODAY'S SERVICES

## 8am Holy Communion

**PRESIDENT** The Reverend Duncan Myers

**READINGS** Isaiah 58.1-9a; Matthew 5.13-20

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## 9.45am The Cathedral Eucharist

**PRESIDENT** Canon Paul Smith

**SETTING** Die Deutsche Liturgie *Felix Mendelssohn (1809-1847)*

**HYMN** 202

### COLLECT

Almighty God,  
who alone can bring order  
to the unruly wills and passions of sinful humanity:  
give your people grace  
so to love what you command  
and to desire what you promise,  
that, among the many changes of this world,  
our hearts may surely there be fixed  
where true joys are to be found;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen**

**OLD TESTAMENT** Isaiah 58.1-9a read by Janet Lawson

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

## **PSALM 112.1-9**



The right-eous will be held in ev-er-last-ing re - mem- brance.

Blessèd are those who fear the Lord and have great delight in his commandments. Their descendants will be mighty in the land, a generation of the faithful that will be blest. Wealth and riches will be in their house, and their righteousness endures for ever. Light shines in the darkness for the upright; gracious and full of compassion are the righteous. **Response**

It goes well with those who are generous in lending and order their affairs with justice, For they will never be shaken; the righteous will be held in everlasting remembrance. They will not be afraid of any evil tidings; their heart is steadfast, trusting in the Lord. **Response**

Their heart is sustained and will not fear, until they see the downfall of their foes. They have given freely to the poor; their righteousness stands fast for ever; their head will be exalted with honour. **Response**

## **NEW TESTAMENT** 1 Corinthians 2.1-12 read by Bob Ellison

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him' - these things God has revealed to us through the Spirit; for the Spirit

searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

## **GOSPEL READING** Matthew 5.13-20



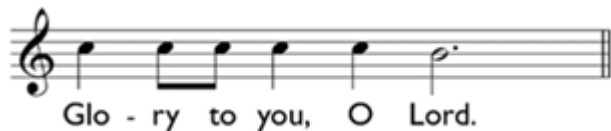
Choir Alleluia, alleluia.

**All Alleluia, alleluia.**

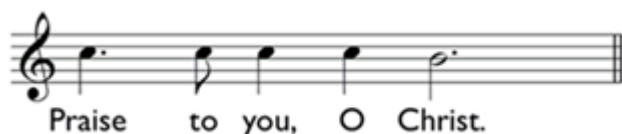
Choir I am the light of the world, says the Lord;  
anyone who follows me will have the light of life.

**All Alleluia, alleluia.**

Hear the gospel of our Lord Jesus Christ according to Matthew.



Jesus said, 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.'



**All Alleluia, alleluia.**

**SERMON** The Reverend Duncan Myers

**HYMN** 500(i)

**MOTET** O sacrum convivium *Thomas Tallis (1505-1585)*

O sacrum convivium  
in quo Christus sumitur.  
recolitur memoria Passionis eius  
Mens impletur gratia,  
et futurae gloriae  
nobis pignus datur

*O sacred and holy Banquet  
wherein Christ is received;  
and we recount the memory of his bitter Passion  
and the mind is filled with his heavenly grace  
and the pledge of everlasting life is given*

**POST COMMUNION PRAYER**

Merciful Father,  
who gave Jesus Christ to be for us the bread of life,  
that those who come to him should never hunger:  
draw us to the Lord in faith and love,  
that we may eat and drink with him  
at his table in the kingdom,  
where he is alive and reigns, now and for ever. **Amen**

**HYMN** 233(i)

**ORGAN** Crown Imperial *William Walton (1902-1983)*

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**6pm Choral Evensong**

*sung by the Cathedral Choir with the Choir of Croydon Minster*

**HYMNS** 391, 379, 20

**PSALM** 4

**RESPONSES** *Bernard Rose (1916-1996)*

**CANTICLES** Evening service (Collegium Regale) *Herbert Howells (1892-1983)*

**READINGS** Amos 2.4-end; Ephesians 4.17-end

**ANTHEM** Ascribe unto the Lord *Samuel Sebastian Wesley (1810-1876)*

Ascribe unto the Lord, O ye kindreds of the people :  
ascribe unto the Lord worship and power.  
Ascribe unto the Lord the honour due unto his name.  
Let the whole earth stand in awe of him.  
Tell it out among the heathen that the Lord is King :  
and that he shall judge the people righteously.  
Let the whole earth stand in awe of him.

O worship the Lord in the beauty of holiness. Sing to the Lord, and praise his name :  
be telling of his salvation from day to day, and his wonders unto all people.

As for the gods of the heathen, they are but idols.  
Their idols are silver and gold : even the work of men's hands.  
They have mouths, and speak not : eyes have they, and see not.  
They have ears, and hear not : noses have they, and smell not.  
They have hands, and handle not; feet have they, and walk not :  
neither speak they through their throat.  
They that make them are like unto them :  
and so are all such as put their trust in them.  
As for our God, he is in heaven : he hath done whatsoever pleased him.

The Lord hath been mindful of us, and he shall bless us :  
he shall bless the house of Israel, he shall bless the house of Aaron.  
He shall bless them that fear the Lord : both small and great.  
Ye are the blessed of the Lord : you and your children.  
Ye are the blessed of the Lord : who made heaven and earth.

*text from Psalm 96 and 115*

**SERMON** The Very Reverend Dianna Gwilliams

**ORGAN** Fantasia and Fugue in G *Charles Hubert Hastings Parry (1848-1918)*

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## PRAYER MATTERS

**Those for whom prayers have been asked:** Betty, Ben Edwards, Emma, Jessica, Pat Grayburn, Chris Hollingshurst, Sharon Luckey, Peter Martin, Chris Phelan, Nick, Frances Provost, Tim, Richard North, David Woolsey

**Those who have died recently:** Martin Ellis, Terry Martin, Jay Robinson, Phyllis Still, Sheila Wyatt

**Year's Mind:** Margaret Billimore, Ron Davis, Jenetta Haley, Jenny King

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## THIS WEEK'S SERVICES

**MONDAY 10** • *Scholastica, sister of Benedict, Abbess of Plombariola, c.543*

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

5.30pm Choral Evensong

**TUESDAY 11**

8am Morning Prayer (said) Lady Chapel

8.30pm Holy Communion (said) Lady Chapel

11am Mothers' Union Pilgrimage of Prayer (Lady Chapel)

5.30pm Choral Evensong

## **WEDNESDAY 12**

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

5.30pm Evening Prayer (said) Lady Chapel

## **THURSDAY 13**

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

12pm Eucharist for the Society of Catholic Priests (Lady Chapel)

5.30pm Choral Evensong

**FRIDAY 14** • Cyril and Methodius, missionaries to the Slavs, 869 and 885

*Valentine, martyr at Rome, c.269*

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

5.30pm Choral Evensong

**SATURDAY 15** • Sigfrid, Bishop, apostle of Sweden, 1045

*Thomas Bray, priest, Founder of the SPCK and the SPG, 1730*

8.40am Morning Prayer (said) Lady Chapel

9am Holy Communion (said) Lady Chapel

5pm Evening Prayer (said) Lady Chapel

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## **NEXT SUNDAY 16 February The Second Sunday before Lent (Sexagesima)**

8am **Holy Communion** Lady Chapel

**PRESIDENT** The Reverend Neil Vigers

**READINGS** Romans 8.18-25; Matthew 6.25-end

9.45am **The Cathedral Eucharist**

**PRESIDENT** The Very Reverend Dianna Gwilliams

**PREACHER** The Very Reverend Dianna Gwilliams

**READINGS** Genesis 1.1-2.3; Romans 8.18-25; Matthew 6.25-end

11.30am **Choral Mattins** sung by Guildford Cathedral Singers

**READINGS** Job 38.1-21; Colossians 1.15-20

6pm **Choral Evensong** sung by Surrey Voices

**PREACHER** Canon Mavis Wilson

**READINGS** Proverbs 8.1, 22-31; Revelation 4

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# THIS WEEK'S MEETINGS AND EVENTS

## TUESDAY 11

9.30am Chapter Meeting (Chapter House)

## WEDNESDAY 12

9am Arts Society (Chapter House)

## THURSDAY 13

7pm English Speaking Union District Finals (Lady Chapel)

## SATURDAY 15

10am Pre-Loved Kilo Vintage Sale (Cathedral)

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# NOTICEBOARD

### **Baptism Preparation for school aged children**

There will be baptisms during the Cathedral Eucharist on 3 May for school aged children. If you or your child would like to find out more about this please speak to the Dean. Preparation will take place after the Cathedral Eucharist on 1 March and 5 April during post service coffee. Parents are invited to attend with their children.

### **Prayer for Healing with anointing – next Sunday 16 February, 9.45am**

Prayer, laying on of hands and anointing will be offered during the Cathedral Eucharist next Sunday 16 February.

### **Deepening Discipleship - Third Sunday Study – 16 February, 11.30am**

The continuing topic currently is 'How to read the Bible' and is led by the Dean. All participants should bring a Bible which is easy to read or familiar and no other preparation is required. For more information please speak to one of the clergy. All welcome and each session will last about an hour.

### **Family Fun Day – Wednesday 19 February, 10am to 12.30pm**

Join us for a free morning of craft activities, toys and games for all children up to 11 years, and a chance to explore this beautiful Cathedral with Stanley the Stag!

### **Coffee Concert – Thursday 20 February, coffee from 10.30am**

Our recitalist will be Michael Broadway performing a beautiful programme on a pianola. Come and listen to this dynamic young musician and his latest repertoire. The concert begins at 11.15am and lasts approximately 45 minutes. Should anyone wish to volunteer to assist with serving coffee please contact Karen Taylor on 01483 547 874 or visit [visit@guildford-cathedral.org](mailto:visit@guildford-cathedral.org) Entrance free and all welcome.



## **FEBRUARY ECO TIP**

### Reducing your CO2 Footprint when flying

Many of us have friends and family living at far ends of the globe and flying is often the only viable option of travelling to visit them. Some of us need to travel long distances on business and travel by train is too far. Not only does flying emit a substantial amount of CO2 but also nitrous oxide (the latter is why the U.K. Government has a plan to phase out new diesel cars by 2030). Here are a few tips to help reduce the environmental impact of flying:

- consider whether you do need to fly to your destination
- fly less often and consider staying longer. In the modern world it's easy to keep in contact in-between visits via video calls and social media
- fly with airlines who have a newer fleet of airplanes which are often more fuel efficient and fly direct as taking off and landing often use over 25% of the fuel
- fly economy - business class has a CO2 impact 3 times higher
- travel light - the overall weight of the plane affects the fuel efficiency
- Carbon offset your flight with organisations such as Climate Stewards or World Land Trust

### **Home Start Guildford**

Home Start, Guildford is a one of our new Mission Partners, and is a small charity making a huge difference to more than 150 families in the Borough of Guildford. Information is available on <https://hsguildford.org.uk/>. Home Start is dependent on its trained volunteers who support families with children under 6 who are facing strain from many causes. Support takes place in the home of the supported family and is generally 2 to 3 hours per week. Home Start is only limited by the number of volunteers who will be parents or grandparents themselves and who can attend the Volunteer Preparation Course. The next course runs on Wednesdays from 26 February - 1 April from 9.30am-2.30pm (including lunch). Ann Dore and Stephen Bourne are both Home Start volunteers and would be delighted to have an informal conversation about this work. For more information about Home Start please contact Lelani or Liz on 01483 511 181 or [lelanip@hsguildford.org.uk](mailto:lelanip@hsguildford.org.uk)

### **Love History and Farnham? – Saturday 22 February, 10.30am**

All welcome to the launch of a new book by Bishop Chris Herbert at St Thomas on the Bourne. The 200-page hardback book is entitled 'The Reformation and its effects on Farnham'. It explores how national struggles for power and influence deeply affected and shaped the town. Refreshments available and the book will be for sale at the launch price of £10. All proceeds will go to the Museum Society.

## **Mixed Coverage Creative Exhibition – until 13 February**

We're delighted to be hosting a wonderful collection of artists in this collaboration between Guildford Cathedral and Creative Coverage. This is the last week it will be with us. Do take a chance to have a look.

## **Armenian Liturgy at Guildford Cathedral – Saturday 22 February, 2pm**

Armenian communities of Surrey, Sussex, Hampshire, London will be celebrating a Liturgy according to the Armenian rite. This unique event takes place on the feast of the 2nd Ecumenical Council of Constantinople 381. A buffet of traditional Armenian delicacies will follow the service. All are very welcome. It would help with catering if you could let the organizer know if you will be attending. Contact Mrs Hrachik Sarian on 020 8998 9210 or [info@armenianchurch.org.uk](mailto:info@armenianchurch.org.uk)

## **Girl Chorister Concert - Saturday 29 February, 7.30pm**

All are welcome to St Catherine's School Bramley, for a concert in culmination of the girls' residential weekend. Tickets are free with a retiring collection for the Girls' Choir tour fund. More information from Carolyn Howard-Jones [liturgymusic@guildford-cathedral.org](mailto:liturgymusic@guildford-cathedral.org)

## **Fundraising Recital – Sunday 15 March following Evensong**

Katherine Dienes-Williams is giving an organ recital in order to help raise funds for the choir tour to Poland. Come and hear a programme of fabulous organ music on our fine Cathedral organ, and help support our wonderful Cathedral Choir. Admission free with retiring collection.

## **Guildford Cathedral Pilgrimage to Walsingham, July 2020**

The Cathedral's Pilgrimage to Walsingham will this year take place over the weekend of Friday 17 July to Sunday 19 July. The Dean has kindly agreed to lead the Pilgrimage. I have booked twenty-five places for full board. The cost for adults will be £143, and this will include all meals from supper on the Friday up to and including lunch on the Sunday. Those who joined previous pilgrimages will know how prayerful and peaceful the Shrine at Walsingham is, and pilgrimages are both inspirational and happy. To find out more, or make a firm booking, please contact Richard North on 01252 794 802, or [richard.north456@btinternet.com](mailto:richard.north456@btinternet.com) Although it is some way in the future at this stage, please note that firm bookings need to be received by Sunday 1 March 2020.

## **Coins Scheme**

A surprise donation of small jewellery brought us £50 last week. Are there any similar items out there? We would be pleased to pass them to experts for auctioning. A number of unusual George III coins have also been received. Coins and notes of any country, any age, are always welcome. Our total to date is £20,418. If you are travelling abroad, please ask whether we have currency for your destination, available against a donation in sterling towards Cathedral funds.

## **A different way to make donations to the Cathedral**

We have introduced a trial of a QR code to make donating to the Cathedral easier and more straightforward, especially for the growing number of us who don't carry cash. To use the QR code to make a donation use your camera (iPhones) or a QR reader app (Android). This facility requires a PayPal Account. This will provide an additional method (alongside our contactless box and cash donations) to support our mission and ministry. Every gift will make a difference to our work – thank you!



## **News Sheet**

Items to be considered for inclusion in the weekly News Sheet should reach Emma in the Cathedral Office by Wednesday morning. All notices subject to editing and available space. Please e-mail to [deanspa@guildford-cathedral.org](mailto:deanspa@guildford-cathedral.org).

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# **CONTACTS**

## **Cathedral Office**

The Cathedral Office is open for callers from 10am to 2pm Monday to Friday. Enquiries to Lisa Hatherall, Administration Assistant 01483 547 860 or [reception@guildford-cathedral.org](mailto:reception@guildford-cathedral.org)

To contact a priest in an emergency please use the numbers below or phone Emma Law 01483 547 862 (Monday to Friday) or Virgers (Saturday, Sunday and holidays) 01483 547 877 or 07854 564 490

## **The Cathedral Clergy**

are all equally available except on their rest day and can be contacted directly.

The Very Reverend Dianna Gwilliams (rest day – Saturday)

(o) 01483 547 862 (h) 01483 565 258

The Venerable Stuart Beake

(h) 01483 893 981

The Reverend Duncan Myers (rest day – Saturday)

[duncan.myers@guildford-cathedral.org](mailto:duncan.myers@guildford-cathedral.org)

The Reverend Canon Dr Paul Smith (rest day – Friday)

(o) 01483 547 865 (h) 01483 562 378

The Reverend Canon Mavis Wilson (rest day – Monday)

(h) 01483 808 097 (m) 07940 846 043



GUILDFORD  
CATHEDRAL

**GUILDFORD CATHEDRAL** is a place of prayer, reflection, work and celebration, held in particular affection by the many thousands of people who helped build it by buying a brick. There is much to offer to visitors and to those who are looking for a church community to call home. All regular weekday and Sunday services are open to all. The beautiful building and the excellent choral tradition contribute to making our Cathedral a place to which, once visited, you will want to return. As well as the rhythm of daily worship we maintain an exciting programme of arts, events, lectures, workshops, exhibitions and concerts.

The Cathedral is a centre for worship and mission to support the ministry of the Bishop in faith and engagement. The Cathedral is a sacred space and an open community of people who together engage with God and the wider world, for the common good. It is a focus and resource for the whole community: a place of daily choral worship, a space for stillness and prayer, a place of pilgrimage and a venue for concerts, art and education.

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## FURTHER INFORMATION

Special Services

01483 547 862 or [deanspa@guildford-cathedral.org](mailto:deanspa@guildford-cathedral.org)

Group Bookings and Tours

01483 547 874 or [visit@guildford-cathedral.org](mailto:visit@guildford-cathedral.org)

Venue Hire, Events and Box Office

01483 547 881 or [headofevents@guildford-cathedral.org](mailto:headofevents@guildford-cathedral.org)

Family Activities and Schools Visits

01483 547 880 or [schools@guildford-cathedral.org](mailto:schools@guildford-cathedral.org)

Cathedral Shop

01483 547 873 or [shop@guildford-cathedral.org](mailto:shop@guildford-cathedral.org)

Seasons Cafe and Restaurant

01483 563 841 or [seasonscathedral@thetipsypigs.co.uk](mailto:seasonscathedral@thetipsypigs.co.uk)



**OPEN DAILY**  
Cathedral  
Shop  
Seasons