



GUILDFORD
CATHEDRAL

Welcome

The First Sunday of Lent

Sunday 1 March 2020

CHILDREN AT THE CATHEDRAL EUCHARIST We are all together for our worship. There is a DIY crèche is available in the Library for babies.

HYMN BOOKS For services in the Nave, hymn books and Books of Common Prayer can be found behind the kneeler on the seat in front of you.

COFFEE AND FELLOWSHIP After the Cathedral Eucharist at the back of the Cathedral. Please stay if you can. Seasons is open as usual.

GIVING Regular worshippers are asked to join the Planned Giving Scheme. For more information please ask a Steward. Visitors and UK taxpayers are asked to use the Gift Aid envelope for their offering towards the work and worship of the Cathedral, or donate via the contactless donation box at the west end of the back of the Cathedral.

COMMUNITY If you would like to contact the clergy their details are on the back of the News Sheet. If you have been a regular at the Cathedral for six months or more, please ensure that your name is added to the Cathedral Community Roll – forms available from the Stewards.

CATHEDRAL SHOP opening hours are Tuesday to Saturday 9.30am to 4.30pm, Sunday 11am to 12.30pm. Please note than on Tuesday the opening time is 10am to allow for staff training. The Shop is closed on Monday.

SEASONS CAFÉ

Seasons Café is open Monday to Sunday from 9am to 4.30pm (closing at 4pm on Sunday). Fairtrade Fortnight continues until 8 March is Fairtrade Fortnight, with mini events and promotions throughout the fortnight.

TODAY'S SERVICES

8am Holy Communion

PRESIDENT Canon Paul Smith

READINGS Romans 5.12-19; Matthew 4.1-11

9.45am The Cathedral Eucharist

Please see separate Order of Service

11.30am Choral Eucharist *Traditional Rite*

PRESIDENT Canon Paul Smith

SETTING Mass à 3 *William Byrd (1540-1623)*

LENT PROSE

COLLECT

Almighty God,

whose Son Jesus Christ did fast forty days in the wilderness,
and was tempted as we are, yet without sin:

give us grace to discipline ourselves in obedience to thy Spirit;

and, as thou knowest our weakness,

so may we know thy power to save;

through Jesus Christ thy Son our Lord,

who liveth and reigneth with thee,

in the unity of the Holy Spirit,

one God, now and for ever. **Amen**

NEW TESTAMENT Romans 5.12-19 read by Ann Bourne

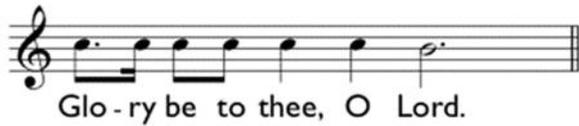
Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just

as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

HYMN 416(i)

GOSPEL READING Matthew 4.1-11

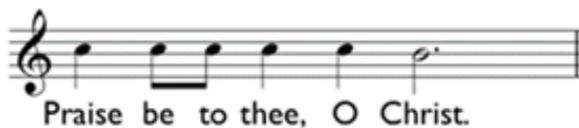
The Holy Gospel is written in the fourth chapter of the Gospel according to Saint Luke, beginning at the first verse.



Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' Then the devil left him, and suddenly angels came and waited on him.



SERMON The Reverend Neil Vigers

HYMN 95

MOTET Scapulis suis *Orlando di Lasso (1532-1594)*

Scapulis suis obumbrabit tibi Dominus
et sub pennis ejus sperabis,
scuto circumdabit te veritas ejus.

*He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and
buckler.*

HYMN 496

ORGAN Aus tiefer Not schrei ich zu dir (BWV 686) *J.S. Bach (1685-1750)*

6pm Choral Evensong for St David

HYMNS 394 (tune 267), 97(i), 455

PSALM 89.19-22, 24

Yna yr ymddidennaist mewn gweledigaeth a'th Sanct ac a ddy wedaist:

Thou spakest sometime in a vision unto thy servants and saidest

Gosodais gymorth ar un cadarn dyrchefais un etho/ledig o'r bobl.

'I have set the crown upon one who is mighty;

a chosen one have I made higher than all the people'

Cefais Dafydd fy ngwasa/naethwr:

'I have found David my servant:

Eneiniais ef a'm hoelw sanctaidd:

With my holy oil have I anointed him.

Yr hwn y sicrheir fy llaw gydag ef:

My hand shall hold him fast.

a'm braich a'i nertha ef

And my arm shall strengthen him

Ni orthryma y gelyn ef:

The enemy shall not be able to press him sore:

A'r mab anwir nis cystuddia ef

The son of wickedness shall not hurt him

Fy ngwirionedd hefyd a'm trugaredd fydd gydag ef:

My faithfulness and my loving-kindness shall be with him:

Ac yn fy enw y dyrchefir ei gorn ef.

And in my name shall his horn be exalted.

Gogoniant i'r Tad, ac i'r Mab: ac i'r Ysbryd Glan;

Glory be to the Father, and to the Son: and to the Holy Spirit;

Megis yr oedd yn y dechrau, y mae'r awr hon, ac y bydd yn wastad: yn oes oesoedd. Amen.

As it was in the beginning, is now, and ever shall be: world without end. Amen.

RESPONSES Richard Ayleward (1626-1669)

CANTICLES Fifth Evening Service Thomas Tomkins (1572-1656)

READINGS Deuteronomy 6.4-9 (read in English); Luke 15.1-10 (read in Welsh)

Now all the tax-collectors and sinners were coming near to listen to him. And the Pharisees and the scribes were grumbling and saying, 'This fellow welcomes sinners and eats with them.' So he told them this parable: 'Which one of you, having a hundred sheep and losing one of them, does not leave the ninety-nine in the wilderness and go after the one that is lost until he finds it? When he has found it, he lays it on his shoulders and rejoices. And when he comes home, he calls together his friends and neighbours, saying to them, "Rejoice with me, for I have found my sheep that was lost."

Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance. 'Or what woman having ten silver coins, if she loses one of them, does not light a lamp, sweep the house, and search carefully until she finds it? When she has found it, she calls together her friends and neighbours, saying, "Rejoice with me, for I have found the coin that I had lost." Just so, I tell you, there is joy in the presence of the angels of God over one sinner who repents.'

ANTHEM Iesu, Drud Difyrrwch Dynion *Johann Sebastian Bach (1685-1750)*

Iesu, drud ddyfyrwch dynion.
Gwrth rych gwiw ein clod a'n mawl,
Hedeg atat wnawn yn union
Fry i'r digreedig wawl.

*Jesu, joy of man's desiring,
holy wisdom, love most bright;
drawn by thee, our souls aspiring
soar to uncreated light.*

Gair ein Duw, enynnaist ynom
Dan dyhead, fel y mynnom
Geisio datrys pethau cudd
Gylch yr orsedd ddisglair sydd.

*Word of God, our flesh that fashioned,
with the fire of life impassioned,
striving still to truth unknown,
soaring, dying round thy throne.*

text: Robert Bridges (1844-1930), tr George Guest (1924-2002)

HYMN 455

Arglwydd, arwain trwy'r anialwch,
Ar-gloyth, ar-why-n troyr an-yal-oo-cch
Fi bererin gwael ei wedd,
Fee ber-erin g-why-l ey weth
Nad oes ynof nerth na bywyd
Naad oys unov nair-th nar buw-eed
Fel yn gorwedd yn y bedd:
Vell un gor-weth un err beth
Hollalluog, Hollalluog
Hor-llall-eeog
Ydyw'r Un a'm cwyd i'r lan
Udd-oo-rr een ah coy-d eerr lan

*Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
bread of heaven, bread of heaven,
feed me now and evermore.*

Open thou the crystal fountain
Whence the healing stream shall flow;
let the fiery, cloudy pillar
lead me all my journey through:
strong deliverer, strong deliverer
be thou still my strength and shield.

Agor y ffynhonnau melus
Agg-orr err fun-honn-eye mel-is
'N tarddu i maes o'r Graig y sydd;
N tar-thee m-eyes oar gr-eye-g eer see-th
Colofn dan rho'r nos i'm harwain,
Col-of-n dan rho-r noss im har-w-eye-nn
A rho golofn niwl y dydd;
Ahh raw col-of-n new-ll err deeth
Rho i mi fanna, rho i mi fanna,
Raw eem vanna, Raw eem vanna,
Fel na bwyf yn llwfwrhau.
Vel naa boy-vv un ll-oyv-eer-high

*When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises, songs and praises,
I will ever give to thee.*

ORGAN Psalm Prelude (Set 2, No 1) *Herbert Howells (1892-1983)*

PRAYER MATTERS

Those for whom prayers have been asked: Ben Edwards, Jessica, Pat Grayburn, June Hawthorne, Chris Hollingshurst, Sharon Luckey, Peter Martin, Richard North, Chris Phelan,

Those who have died recently: Chris Cubbitt, Martin Ellis, Irene, Simon Kay, Terry Martin, Charlotte Rolfe, Vivien Wilkins, Sheila Wyatt

Year's Mind: Monica Butler, John Wilson, William Munfield

THIS WEEK'S SERVICES

MONDAY 2 • *Chad, Bishop of Lichfield, Missionary, 672*

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

5.30pm Choral Evensong (Lady Chapel)

TUESDAY 3•

8am Morning Prayer (said) Lady Chapel

8.30pm Holy Communion (said) Lady Chapel

11am Mothers' Union Pilgrimage of Prayer (Lady Chapel)

5.30pm Choral Evensong

WEDNESDAY 4 • *Ember Day*

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

10am Cathedral Tots (Regimental Chapel)

5.30pm Evening Prayer (said) Lady Chapel

THURSDAY 5 • *Ember Day*

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

5.30pm Choral Evensong

7.30pm Lent Talk followed by Compline (said) Lady Chapel

FRIDAY 6

8am Morning Prayer (said) Lady Chapel

8.30am Holy Communion (said) Lady Chapel

5.30pm Choral Evensong

SATURDAY 7 • *Perpetua, Felicity, and their companions, martyrs at Carthage, 203*

8.40am Morning Prayer (said) Lady Chapel

9am Eucharist of Wholeness and Healing (said) Lady Chapel

10am Acorn School of Healing (Lady Chapel)

2pm Greek Orthodox Service (Lady Chapel)

5pm Evening Prayer (said) Lady Chapel

NEXT SUNDAY 8 March The Second Sunday of Lent

8am **Holy Communion** Lady Chapel

PRESIDENT The Very Reverend Dianna Gwilliams

READINGS Romans 4.1-5, 13-17; John 3.1-17

9.45am **The Cathedral Eucharist**

PRESIDENT The Reverend Duncan Myers

PREACHER The Very Reverend Dianna Gwilliams

READINGS Genesis 12.1-4a; Romans 4.1-5, 13-17; John 3.1-17

6pm **Choral Evensong**

PREACHER The Reverend Duncan Myers

READINGS Numbers 21.4-9; Luke 14.27-33

THIS WEEK'S MEETINGS AND EVENTS

THURSDAY 5

4pm Surrey Get Vocal Concert (Cathedral)

NOTICEBOARD

Coffee on first Sunday – TODAY!

Coffee is available at the back of the Cathedral after the Cathedral Eucharist and before the Choral Eucharist. Don't worry if you haven't brought your reuseable cups – there will be plenty to use today.

Advice about Coronavirus

The Church of England has issued advice to members regarding potential spread of viruses. The most important feature in controlling the spread of viruses is good hand hygiene. All those who administer Holy Communion will have washed their hands and there is no evidence of spread via the chalice. Intinction, dipping the bread into the wine, should not take place due to possible contamination. Receiving 'in one kind', that is either bread or wine alone, has always been understood as receiving the sacrament. Please speak to one of the clergy for more information.

Baptism Preparation for school aged children

There will be baptisms during the Cathedral Eucharist on 3 May for school aged children. If you or your child would like to find out more about this please speak to the Dean. Preparation takes place after the Cathedral Eucharist today and continues on Sunday 5 April before the Palm Sunday Service.

Lent 2020

Our Lent Reflections will be led by the Reverend Magdalen Smith, based on her newly published book, *Grace-filled Wilderness*. These will take place at 7.30pm on Thursday evenings, beginning 5 March. The evenings will conclude with a quiet service of Compline.

Vivien Wilkins

We have heard of the death of Vivien who was a Cathedral Guide for many years. All who knew Vivien are welcome to attend her funeral which will be at St Mary's, Stoke D'Abernon on Monday 2 March at 1.15pm.

Cathedral Tots - Wednesday 4 March, 10am to 11am

All are invited to our family friendly informal service for toddlers and their grown-ups, with story time, play, craft and refreshments. Cathedral Tots takes place on the first Wednesday of each month during term time.

The Guildford World Day of Prayer – Friday 6 March, 2.30pm

The Guildford World Day of Prayer Service is being held at the Salvation Army Citadel in the Woodbridge Road GU1 4QQ on Friday 6 March 6th at 2.30pm. All are welcome to attend. Further details from www.wwdp.org.uk/

Wholeness and Healing - Saturday 7 March

Since the early days of the Church, human touch and anointing with oil have played an important role in worship and pastoral care, symbolising both comfort and healing. The next Eucharist of Wholeness and Healing is Saturday 7 March. You may like prayer for yourself or for another. All are welcome. The service is in the Lady Chapel and begins at 9.00am and lasts about 40 minutes.

The Vivaldi Singers Talent Night – 7 March, 7.30pm

Come along to the Hale Institute Village Hall for the Vivaldi Singers Talent Night. A stage piano and amp will be available. There will be a retiring collection for the Ronald MacDonald House Charity. All talents are welcome and tickets are £3. For more information contact info@vivaldisingers.com or speak to Liz or Di North.

North Guildford Food Bank and No 5 – Collection Sunday 8 March

A warm thank you to the congregation from the Food Bank and the No 5 Project for last month's collection. Requests are for flour (plain and self-raising), sugar, marmite, pot noodles, long life puddings, large nappies sizes 4, 5, 6. Any fresh food donated will be delivered to the No5 Project.

Deepening Discipleship - Third Sunday Study – 15 March, 11.30am

The topic currently is 'How to read the Bible' and is led by the Dean. All participants should bring a Bible which is easy to read or familiar and no other preparation is required. All welcome and each session will last about an hour.

Fundraising Recital – Sunday 15 March following Evensong

Katherine Dienes-Williams is giving an organ recital in order to help raise funds for the choir tour to Poland. Come and hear a programme of fabulous organ music on our fine Cathedral organ, and help support our wonderful Cathedral Choir. Admission free with retiring collection.

Resources needed for Schools' Eco-Day on Wednesday 18 March 2020

The Schools' Department need newspaper and magazines for an activity at our Eco-Day event for schools. If you have any newspapers or magazines which you are finished with please drop them into the Cathedral Office between 10am and 2pm weekdays or at any other time please ask a Guide or Steward to show you to the South Garth where they can be left. Everything will go towards supporting this important work with schools. We will welcome 80 pupils from 13 Diocesan schools for our Activity Day. Thank you for your newspapers and magazines. Any queries to Becki Hartley schools@guildford-cathedral.org or 01483 547 880.

Mothering Sunday preparation on Saturday 21 March

We would love to be able to give out posies on Mothering Sunday. In order to do this, we will need the help of some volunteers to put these together on Saturday 21 March. Thank you to those who have offered. If we have two more volunteers then we'll be able to go ahead. If you can help, please let Canon Paul know.

Confirmation for Young People

On Holy Saturday there will be a Diocesan Confirmation service here. If any young people would like to consider confirmation, or find out more information please speak to the Dean.

Guildford Cathedral Pilgrimage to Walsingham, July 2020

The Cathedral's Pilgrimage this year take place over the weekend of Friday 17 July to Sunday 19 July. The Dean has kindly agreed to lead the Pilgrimage. I have booked twenty-five places for full board. The cost for adults will be £143, and this will include all meals from supper on the Friday up to and including lunch on the Sunday. Those who joined previous pilgrimages will know how prayerful and peaceful the Shrine at Walsingham is, and pilgrimages are both inspirational and happy. To find out more, or make a firm booking, please contact Richard North on 01252 794 802, or richard.north456@btinternet.com Please note that firm bookings need to be received by Sunday 1 March 2020.

Home Start Guildford is welcoming volunteers

Home Start is looking to recruit parents or grandparents who could support families with small children who live under strain. The commitment is usually 2-3 hours per week. Full training and support is given. Ann Dore and Stephen Bourne are both Home Start volunteers and would be delighted to have an informal conversation about this work. For more information about Home Start please contact Lelani or Liz on 01483 511 181 or lelanip@hsguildford.org.uk

Guildford Town Centre Chaplaincy: our newest Mission Partner

The Chaplaincy runs three projects, Street Angels, Community Angels and Volunteer Chaplains, which support the vulnerable in Guildford The Cathedral is specifically funding radios which are essential equipment for the Street Angel volunteers, who provide a friendly, calming patrol in the early hours, every weekend. The Community Committee is delighted to have selected three new Charities to benefit from the Cathedral's outward giving, the other partners are Home Start - Guildford and Seeds for Development. Please see additional information on the notice board in the North Garth.

Coins Scheme

Iceland has brought us a further £11, Pakistan £61, and Denmark £14, bringing our total to £20,549 over nearly 13 years. The first payment of £196 for this calendar year has just gone to the Office. The Cathedral invites donations of notes and coins from any country and of any age to help with fundraising. The (usually small) amounts we hold return to their countries of issue with travellers on holiday or business against a donation in sterling. Many thanks to all our contributors.

Intercessions at the Cathedral

If you would like someone to be added to the intercessions for our daily and Sunday prayers please contact any of the clergy or send them a message via Emma Law. You should obtain permission of the person or their family. People are kept on the daily list for 4 weeks in the first instance. We also keep a longer list of those for whom prayer is ongoing.

A different way to make donations to the Cathedral

We have introduced a trial of a QR code to make donating to the Cathedral easier and more straightforward, especially for the growing number of us who don't carry cash. To use the QR code to make a donation use your camera (iPhones) or a QR reader app (Android).



This facility requires a PayPal Account. This will provide an additional method (alongside our contactless box and cash donations) to support our mission and ministry. Every gift will make a difference to our work – thank you!

News Sheet

Items to be considered for inclusion in the weekly News Sheet should reach Emma in the Cathedral Office by Wednesday morning. All notices subject to editing and available space. Please e-mail to deanspa@guildford-cathedral.org.

CONTACTS

Cathedral Office

The Cathedral Office is open for callers from 10am to 2pm Monday to Friday. Enquiries to Lisa Hatherall, Administration Assistant 01483 547 860 or reception@guildford-cathedral.org

To contact a priest in an emergency please use the numbers below or phone Emma Law 01483 547 862 (Monday to Friday) or Virgers (Saturday, Sunday and holidays) 01483 547 877 or 07854 564 490

The Cathedral Clergy

are all equally available except on their rest day and can be contacted directly.

The Very Reverend Dianna Gwilliams (rest day – Saturday)

(o) 01483 547 862 (h) 01483 565 258

The Venerable Stuart Beake

(h) 01483 893 981

The Reverend Duncan Myers (rest day – Saturday)

duncan.myers@guildford-cathedral.org

The Reverend Canon Dr Paul Smith (rest day – Friday)

(o) 01483 547 865 (h) 01483 562 378

The Reverend Canon Mavis Wilson (rest day – Monday)

(h) 01483 808 097 (m) 07940 846 043



GUILDFORD
CATHEDRAL

GUILDFORD CATHEDRAL is a place of prayer, reflection, work and celebration, held in particular affection by the many thousands of people who helped build it by buying a brick. There is much to offer to visitors and to those who are looking for a church community to call home. All regular weekday and Sunday services are open to all. The beautiful building and the excellent choral tradition contribute to making our Cathedral a place to which, once visited, you will want to return. As well as the rhythm of daily worship we maintain an exciting programme of arts, events, lectures, workshops, exhibitions and concerts.

The Cathedral is a centre for worship and mission to support the ministry of the Bishop in faith and engagement. The Cathedral is a sacred space and an open community of people who together engage with God and the wider world, for the common good. It is a focus and resource for the whole community: a place of daily choral worship, a space for stillness and prayer, a place of pilgrimage and a venue for concerts, art and education.

FURTHER INFORMATION

Special Services

01483 547 862 or deanspa@guildford-cathedral.org

Group Bookings and Tours

01483 547 874 or visit@guildford-cathedral.org

Venue Hire, Events and Box Office

01483 547 881 or headofevents@guildford-cathedral.org

Family Activities and Schools Visits

01483 547 880 or schools@guildford-cathedral.org

Cathedral Shop

01483 547 873 or shop@guildford-cathedral.org

Seasons Cafe and Restaurant

01483 563 841 or seasonscathedral@thetipsypigs.co.uk

OPEN DAILY
Cathedral
Shop
Seasons