



GUILDFORD
CATHEDRAL

Welcome

THE SECOND SUNDAY OF LENT

Sunday 8 March 2020

CHILDREN AT THE CATHEDRAL EUCHARIST Sunday School for children in primary school takes place in the Library. There is a DIY crèche for babies in the Exhibition Room.

HYMN BOOKS For services in the Nave, hymn books and Books of Common Prayer can be found behind the kneeler on the seat in front of you.

COFFEE AND FELLOWSHIP After the Cathedral Eucharist at the back of the Cathedral. Please stay if you can. Seasons is open as usual.

We are asking all our congregation members and visitors to please wash their hands using the antibacterial soap in the washrooms in the Visitor Centre before coming into the Cathedral. Thank you for your co-operation.

GIVING Regular worshippers are asked to join the Planned Giving Scheme. For more information please ask a Steward. Visitors and UK taxpayers are asked to use the Gift Aid envelope for their offering towards the work and worship of the Cathedral, or donate via the contactless donation box at the west end of the back of the Cathedral.

COMMUNITY If you would like to contact the clergy their details are on the back of the News Sheet. If you have been a regular at the Cathedral for six months or more, please ensure that your name is added to the Cathedral Community Roll – forms available from the Stewards.

CATHEDRAL SHOP is open Tuesday to Saturday 9.30 to 4.30 (10.00 opening on Tuesday), Sunday 11 to 12.30. The Shop is closed on Monday.

SEASONS CAFÉ

Seasons Café is open Monday to Sunday from 9am to 4.30pm (4pm on Sunday)

TODAY'S SERVICES

8am Holy Communion

PRESIDENT The Very Reverend Dianna Gwilliams

READINGS Romans 4.1-5, 13-17; John 3.1-17

9.45am The Cathedral Eucharist

PRESIDENT The Reverend Duncan Myers

SETTING Mass à 5 *William Byrd (1543-1623)*

LENT PROSE

COLLECT

Almighty God,

you show to those who are in error the light of your truth,
that they may return to the way of righteousness:

grant to all those who are admitted
into the fellowship of Christ's religion,

that they may reject those things

that are contrary to their profession,

and follow all such things as are agreeable to the same;

through our Lord Jesus Christ,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever. **Amen**

OLD TESTAMENT Genesis 12.1-4a read by Matt O'Grady

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the Lord had told him; and Lot went with him.

PSALM 121



My help comes from the Lord.

I will lift up my eyes to the hills;

from where is my help to come?

My help comes from the Lord,

the maker of heaven and earth. **Response**

He will not suffer your foot to stumble;
he who watches over you will not sleep.
Behold, he who keeps watch over Israel
shall neither slumber nor sleep. **Response**

The Lord himself watches over you;
the Lord is your shade at your right hand,
So that the sun shall not strike you by day,
neither the moon by night. **Response**

The Lord shall keep you from all evil; it is he who shall keep your soul.
The Lord shall keep watch over your going out and your coming in,
from this time forth for evermore. **Response**

NEW TESTAMENT Romans 4.1-5, 13-17 read by Rachel Impey

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations') – in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

GOSPEL READING John 3.1-17



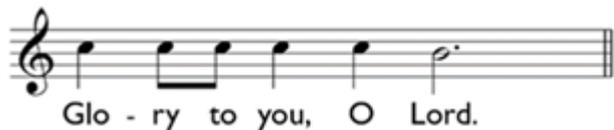
Choir Praise to you, O Christ, King of eternal glory.

All Praise to you, O Christ, King of eternal glory.

Choir The Son of Man must be lifted up,
that whoever believes in him may have eternal life.

All Praise to you, O Christ, King of eternal glory.

Hear the gospel of our Lord Jesus Christ according to John.



Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, “You must be born from above.” The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ Nicodemus said to him, ‘How can these things be?’ Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things? ‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. ‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. ‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.



SERMON The Very Reverend Dianna Gwilliams

INTERCESSIONS led by Jonathan Neil Smith

HYMN 368

MOTET Laudate Dominum *Wolfgang Amadeus Mozart (1756-1791)*

Laudate Dominum omnes gentes
Laudate eum, omnes populi
Quoniam confirmata est
Super nos misericordia eius,
Et veritas Domini manet in aeternum.

*Praise the Lord, all nations;
Praise Him, all people.
For He has bestowed
His mercy upon us,
And the truth of the Lord endures forever.*

Gloria Patri et Filio
et Spiritui Sancto.
Sicut erat in principio,
et nunc, et semper.
Et in saecula saeculorum. Amen.

*Glory to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and forever,
and for generations of generations. Amen*

text: Psalm 117

POST COMMUNION PRAYER

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
which may happen to the body,
and from all evil thoughts which may assault and hurt the soul;
through Jesus Christ our Lord. **Amen**

HYMN 81

ORGAN Prelude in C minor (BWV 546) *Johann Sebastian Bach (1685-1750)*
.....

6pm Choral Evensong

HYMNS 475(omit* verses), 98, 582

PSALM 135.1-14

RESPONSES *Thomas Tomkins (1572-1656)*

CANTICLES Evening service in E *Herbert Murrill (1909-1952)*

READINGS Numbers 21.4-9; Luke 14.27-33

ANTHEM Drop, drop slow tears *William Walton (1902-1983)*

Drop, drop, slow tears,
and bathe those beauteous feet,
which brought from heaven the news and Prince of Peace.

Cease not, wet eyes,
his mercies to entreat;
to cry for vengeance sin doth never cease.

In your deep floods
drown all my faults and fears;
nor let his eye see sin, but through my tears.

text: Phineas Fletcher

SERMON The Reverend Duncan Myers

ORGAN Choral No 2 *César Franck (1848-1918)*
.....

PRAYER MATTERS

Those for whom prayers have been asked: Ben Edwards, Jessica, Pat Grayburn, June Hawthorne, Sharon Luckey, Peter Martin, Richard North, Chris Phelan,

Those who have died recently: Hugh Cubitt, Martin Ellis, Simon Kay, Terry Martin, Charlotte Rolfe

Year's Mind: Michael Barry, Francis Billimore, William Dade, David Martin, Frank Stubbings

THIS WEEK'S SERVICES

MONDAY 9

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
5.30pm Choral Evensong

TUESDAY 10

8am Morning Prayer (said) Lady Chapel
8.30pm Holy Communion (said) Lady Chapel
11am Mothers' Union Pilgrimage of Prayer (Lady Chapel)
5.30pm Choral Evensong

WEDNESDAY 11

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
5.30pm Evening Prayer (said) Lady Chapel

THURSDAY 12

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
12.15pm Cathedral Guild of Guides Annual Service (Lady Chapel)
5.30pm Choral Evensong
7.30pm Lent Talk followed by Compline (said) Lady Chapel

FRIDAY 13

8am Morning Prayer (said) Lady Chapel
8.30am Holy Communion (said) Lady Chapel
5.30pm Choral Evensong

SATURDAY 14

8.40am Morning Prayer (said) Lady Chapel
9am Holy Communion (said) Lady Chapel
5pm Evening Prayer (said) Lady Chapel

NEXT SUNDAY 15 March The Third Sunday of Lent

8am **Holy Communion** Lady Chapel

PRESIDENT Canon Paul Smith

READINGS Romans 5.1-11; John 4.5-42

9.45am **The Cathedral Eucharist**

PRESIDENT The Very Reverend Dianna Gwilliams

PREACHER Canon Paul Smith

READINGS Genesis 17.1-7; Romans 5.1-11; John 4.5-42

11.30am **Choral Mattins**

READINGS Amos 7.10-end; 2 Corinthians 1.1-11

6pm **Choral Evensong**

PREACHER Canon Steve Summers

READINGS Joshua 1.1-9; Ephesians 6.10-20

THIS WEEK'S MEETINGS AND EVENTS

SUNDAY 8

11.45am Cathedral Guild of Stewards AGM (Lady Chapel)

MONDAY 9

10.30am Mother's Union Trustee Meeting (Chapter House)

TUESDAY 10

9.30am Chapter Meeting (Deanery)

WEDNESDAY 11

9am Arts Society (Chapter House)

10.30am Senior Guides Meeting (Barnabas Room)

THURSDAY 12

10am Strategic Planning Workshop (Chapter House)

SATURDAY 14

11am Mini Open Day (Cathedral and Crypt)

NOTICEBOARD

Looking after one another

Although it is recognised that Covid-19 (coronavirus) is, for most who are infected, a mild illness, nevertheless we can all work towards slowing the spread. Following the most recent advice from Public Health England and the Church of England we are introducing the following changes to our work and worship. We all should wash our hands with soap or alcohol-based hand sanitiser before entering the Cathedral. Those administering Holy Communion will sanitise before participating in the distribution and we will receive in one kind only and we will abstain from shaking hands. Thank you for your cooperation and please pray for all involved in our health service at this time of greatly increased pressure.

North Guildford Food Bank and No 5 – Collection Today 8 March

A warm thank you to the congregation from the Food Bank and the No 5 Project for all the continuing support.

Thank you from Seasons

Thank you so much to everyone for supporting our event in the café on Tuesday. Together £257.50 was raised for Dementia UK and we also had a visitor who was looking for information and a listening ear as her sister had recently been diagnosed with the illness.

Thank you for your resources

Thank you to the many members of our congregation and community who have donated newspapers and magazines for the Schools' Eco-Day. We have a very large pile to be working with and the donations so far are more than enough for the event. Anything that is left over at the end of the day will be recycled to create minimal waste. We are very grateful for your support of this work.

Deepening Discipleship - Third Sunday Study – 15 March, 11.30am

The topic currently is 'How to read the Bible' and is led by the Dean. All participants should bring a Bible which is easy to read or familiar and no other preparation is required. All welcome and each session will last about an hour.

Fundraising Recital – Sunday 15 March following Evensong

Katherine Dienes-Williams is giving an organ recital in order to help raise funds for the choir tour to Poland. Come and hear a programme of fabulous organ music on our fine Cathedral organ, and help support our wonderful Cathedral Choir. Admission free with retiring collection.

Lent 2020

Our Lent Reflections are led by the Reverend Magdalen Smith, based on her newly published book, Grace-filled Wilderness. These take place at 7.30pm on Thursday evenings and conclude with a quiet service of Compline.

Coffee Concert – Thursday 19 March, coffee from 10.30am

Our friends from the Rock Choir are with us again for our March Coffee Concert. The concert begins at 11.15am and lasts approximately 45 minutes. Should anyone wish to volunteer to assist with serving coffee please contact Karen Taylor on 01483 547 874 or visit@guildford-cathedral.org Entrance free and all welcome.

Sedar Meal – Tuesday 7 April, 7.30pm

As part of our Holy Week observance, we will be holding a Seder Meal in Seasons. This is an important opportunity to remind ourselves of the roots of our Christian faith in Judaism and the importance of our relationship with our Jewish friends. We will be re-telling the story of the liberation of the people of Israel from Egypt under the leadership of Moses, thinking about the symbolism and meaning of the Jewish Passover, and sharing a two course meal together. If you would like to come to this event, please put your name on the sign-up sheet at the back of the cathedral. Payment will be by donations on the night. For more details please speak to Canon Paul.

Mothering Sunday preparation on Saturday 21 March

We would love to be able to give out posies on Mothering Sunday. In order to do this, we will need the help of some volunteers to put these together on Saturday 21 March. Thank you to those who have offered. If we have two more volunteers then we'll be able to go ahead. If you can help, please let Canon Paul know.

Confirmation for Young People

On Holy Saturday there will be a Diocesan Confirmation service here. If any young people would like to consider confirmation, or find out more information please speak to the Dean.

Home Start Guildford is welcoming volunteers

Home Start is looking to recruit parents or grandparents who could support families with small children who live under strain. The commitment is usually 2-3 hours per week. Full training and support is given. Ann Dore and Stephen Bourne are both Home Start volunteers and would be delighted to have an informal conversation about this work. For more information about Home Start please contact Lelani or Liz on 01483 511 181 or lelanip@hsguildford.org.uk

Guildford Town Centre Chaplaincy: our newest Mission Partner

The Chaplaincy runs three projects, Street Angels, Community Angels and Volunteer Chaplains, which support the vulnerable in Guildford. The Cathedral is specifically funding radios which are essential equipment for the Street Angel volunteers. The Community Committee is delighted to have selected three new Charities to benefit from the Cathedral's outward giving, the other partners are Home Start - Guildford and Seeds for Development. Please see additional information on the notice board in the North Garth.

March Eco Tip - Water

This year's Church of England Lent Challenge is called #Live Lent: Care for God's Creation. Each week has a theme and prayer based on the days of creation as described in Genesis 1. There is then a daily passage from the Bible, a reflection and a practical action. The theme for the week commencing 9 March is Water. Practical actions for the week include:

Thanking God for the precious gift of water which sustains the life of our planet.

Consider reducing your 'water footprint'. Find out more at www.waterfootprint.org.

Look in your kitchen and bathroom and consider whether you could switch to different brands which contain fewer harmful chemicals.

Make a donation to a charity providing clean water and sanitation in areas of need eg Wateraid, Toilet Twinning.

Pray for places experiencing major disruption from climate change. How might you cope with changes in the future?

Car Sharing

The way we live our lives has an impact on the resources of God's Earth. The Church of England advises us to cut down on car use and where possible to try car sharing or a car club. We suspect many are already involved in giving someone a lift to services, or might be willing to do so, if asked. There may also be people who would like to attend services but are hampered by the lack of suitable transport. As we work towards our goal of achieving a 'Gold' Eco-Cathedral award we wish to encourage you to adopt best environmental practice, and this includes car sharing. There is at present no formal scheme for car sharing. We need to assess demand, and consider what help might be offered to match capacity to need. Please let us know if you are already giving a lift to someone, or are willing to car share. Details may be sent, in confidence, to Canon Mavis at maviswilson2@gmail.com

A different way to make donations to the Cathedral

We have introduced a trial of a QR code to make donating to the Cathedral easier and more straightforward, especially for the growing number of us who don't carry cash. To use the QR code to make a donation use your camera (iPhones) or a QR reader app (Android). This facility requires a PayPal Account. This will provide an additional method (alongside our contactless box and cash donations) to support our mission and ministry. Every gift will make a difference to our work – thank you!



Intercessions at the Cathedral

If you would like someone to be added to the intercessions for our daily and Sunday prayers please contact any of the clergy or send them a message via Emma Law. You should obtain permission of the person or their family. People are kept on the daily list for 4 weeks in the first instance. We also keep a longer list of those for whom prayer is ongoing.

News Sheet

Items to be considered for inclusion in the weekly News Sheet should reach Emma in the Cathedral Office by Wednesday morning. All notices subject to editing and available space. Please e-mail to deanspa@guildford-cathedral.org.

CONTACTS

Cathedral Office

The Cathedral Office is open for callers from 10am to 2pm Monday to Friday. Enquiries to Lisa Hatherall, Administration Assistant 01483 547 860 or reception@guildford-cathedral.org

To contact a priest in an emergency please use the numbers below or phone Emma Law 01483 547 862 (Monday to Friday) or Virgers (Saturday, Sunday and holidays) 01483 547 877 or 07854 564 490

The Cathedral Clergy

are all equally available except on their rest day and can be contacted directly.

The Very Reverend Dianna Gwilliams (rest day – Saturday)

(o) 01483 547 862 (h) 01483 565 258

The Venerable Stuart Beake

(h) 01483 893 981

The Reverend Duncan Myers (rest day – Saturday)

duncan.myers@guildford-cathedral.org

The Reverend Canon Dr Paul Smith (rest day – Friday)

(o) 01483 547 865 (h) 01483 562 378

The Reverend Canon Mavis Wilson (rest day – Monday)

(h) 01483 808 097 (m) 07940 846 043



GUILDFORD
CATHEDRAL

GUILDFORD CATHEDRAL is a place of prayer, reflection, work and celebration, held in particular affection by the many thousands of people who helped build it by buying a brick. There is much to offer to visitors and to those who are looking for a church community to call home. All regular weekday and Sunday services are open to all. The beautiful building and the excellent choral tradition contribute to making our Cathedral a place to which, once visited, you will want to return. As well as the rhythm of daily worship we maintain an exciting programme of arts, events, lectures, workshops, exhibitions and concerts.

The Cathedral is a centre for worship and mission to support the ministry of the Bishop in faith and engagement. The Cathedral is a sacred space and an open community of people who together engage with God and the wider world, for the common good. It is a focus and resource for the whole community: a place of daily choral worship, a space for stillness and prayer, a place of pilgrimage and a venue for concerts, art and education.

FURTHER INFORMATION

Special Services

01483 547 862 or deanspa@guildford-cathedral.org

Group Bookings and Tours

01483 547 874 or visit@guildford-cathedral.org

Venue Hire, Events and Box Office

01483 547 881 or headofevents@guildford-cathedral.org

Family Activities and Schools Visits

01483 547 880 or schools@guildford-cathedral.org

Cathedral Shop

01483 547 873 or shop@guildford-cathedral.org

Seasons Cafe and Restaurant

01483 563 841 or seasonscathedral@thetipsypigs.co.uk



OPEN DAILY
Cathedral
Shop
Seasons